



# Membership Prices

*\*Rates subject to change without notice!*

<u>Month to Month - EFT (ACH)</u>	<u>Keyfob*</u>	<u>Sign-Up*</u>	<u>Monthly Fee*</u>
First Family Member	\$ 35.00	\$ 49.99	\$ 29.99
Second & Subsequent Additional Family Member**	\$ 35.00	\$ 24.99	\$ 19.99

**Includes:** Use of: Titan Empire & Paramount Performance Line resistance training equipment, Precor Stretch Trainers, Precor AMT835 Adaptive Motion Trainer, Precor AMT100i Adaptive Motion Trainers, Precor EFX 546i Elliptical trainers, Precor TRM811 Treadmills, Precor C966i treadmills, Precor RBK815 recumbent cycles, Tectrix BikeMax cycles, Stairmaster 4000PT climber, showers & lockers, group fitness classes (including yoga, step, etc), and dry sauna (seasonal). Tanning sessions are extra and sold in visit packages.

**Personal Workout Program:** (done by appointment only) where we will draw up a program for you, take you through a workout, show you what exercises to do, and how to do them properly is \$50. A question on the set-up and use of a piece of equipment is no charge. Question(s) on sets/reps/goals/results meet criteria for Personal Workout Program requirements (fee & appointment). Each session/appointment is \$50. Each individual/member is \$50 (2 members per session/appointment is \$100)

**Terms:** Membership is continuous but may be cancelled at any time with a written thirty (30) day notice to cancel submitted in person or via certified U.S. Mail. Monthly fees MUST be drafted via ACH (checking or savings account using ABA routing code and account number). Memberships are not transferable and may not be paused. For complete terms, please stop in the facility or visit our web site. At sign-up, keyfob purchase, sign-up fee plus a pro-rated portion of the monthly fee must be paid.

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\*\*Additional Family Member: Spouse/significant other and/or children ages 13 to 22 who live at the same residence.