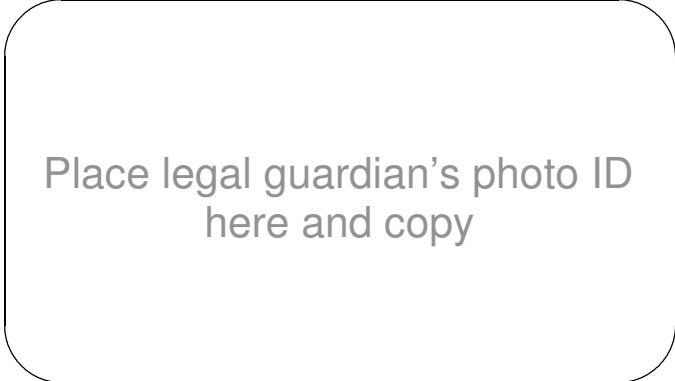




Date ____/____/____

Date of Birth of Minor: ____/____/____

Age of Minor: _____ Sex: M / F



Minor's Full Legal Name: _____

Minor's Mailing Address: _____

City, State, Zip: _____

Telephone: (____) _____ Cellular (____) _____

Minor's E-mail address: _____

Legal Guardian's Full Legal Name: _____

Relationship to Minor: _____ Parent _____ Legal Guardian

Legal Guardian's Mailing Address: _____

City, State, Zip: _____

Telephone: (____) _____ Cellular (____) _____

Legal Guardian's E-mail address: _____

RELEASE FORM FOR MINORS

Medical Condition and Guest Ability: All guests are **solely** and **completely** responsible for any and all exercises and movements done at the facility. Management strongly urges all guests to consult with their doctor or health professional before using any part of the facility. Management reminds all guests to work at their **own** level and abilities and to **not** perform any exercise or movement they are not **fully** comfortable or competent to do safely and without injury. All guests agree that **no** staff or trainer or management has suggested medical treatment or given medical advice. In recognition of the possible dangers connected with any physical activity, guest(s) hereby **knowingly** and **voluntarily** waives **any** right or cause of action of **any** kind **whatsoever** arising as a result of such activity from which **any** liability may result or accrue to Gymies Health & Fitness Club, Inc., it's officers, agents, employees or instructors.

Disclaimer: Gymies Health & Fitness Club, Inc. urges all guests to obtain a physical examination from their physicians prior to the use of any exercise equipment or attendance in any exercise class. In recognition of the possible dangers connected with any physical activity, guest(s) hereby **knowingly** and **voluntarily expressly** forever waives **ANY AND ALL** right or cause of action of **ANY KIND WHATSOEVER** arising as a result of such activity from which **ANY** liability may result or accrue to Gymies Health & Fitness Club, Inc., it's owners, officers, agents, employees or instructors. It is **expressly** agreed that **ALL** exercises and use of **ANY** and **ALL** equipment or exercise is done at guest's **SOLE RISK**. Gymies Health & Fitness Club, Inc., it's owners, employees, instructors and agents shall be held **NOT** liable in any way for **ANY AND ALL** claims, demands, injuries, damages, actions or causes of action **whatsoever** to guest or property of the guest or to guest's family/estate/heirs/relatives/spouse/children/friends/employer/company/employees. Guest and guest's family/estate/heirs/relatives/spouse/children/friends/employer/company/employees expressly and willingly forever releases Gymies Health & Fitness Club, Inc., it's owners, employees, instructors, and agents from **ANY** accident or **ANY** injury and from **ALL** acts of **ACTIVE** or **PASSIVE** or **GROSS** negligence on the part of Gymies Health & Fitness Club, Inc., it's employees, owners, instructors, and agents.

In plain language, guest is completely responsible for the guest's own safety while exercising as well as the safe use of any equipment. Gymies Health & Fitness Club, Inc./Gymies Fitness Center or the employees/instructors are not responsible for any injuries or damages or negligence or what ever you can name or dream up! Use common sense, know yourself and your limitations, and only do exercises and use equipment that you are comfortable in doing or using. Guest is advised and reminded to always work well within the guest's physical ability and to not do any exercise or use any equipment the guest is not completely comfortable in using.

Guest agrees to follow club rules as promulgated from time to time. Violation of these rules may be cause for suspension or cancellation of membership with no compensation or reimbursement to guest.

I have read and fully understand and agree to all the statements contained in this Disclaimer

47 W. Jackson Street
P.O. Box 347
Cicero, IN 46034-0347
(317) 984-3399
<http://www.gymiesfitness.com>

Signature of Minor

Signature of Legal Guardian